



'Men do think, communicate and express their emotions differently to women – we may be equal but we are also completely different!

Men think about things logically without having to engage the emotional receptors of their brain, but women have them spread out all over our brains, so it's hard for us to have a discussion without some sort of emotional tone to it. So we may think they are being insensitive and not listening, but in fact, they're just being men. I've been in a relationship for 10 years and despite being a psychologist, I've had to learn this the hard way!

Trudy Hill, senior psychologist for Seventy Thirty, an exclusive matchmaking agency